



Boxborough, MA

Updated 2/212

SOFTBALL CLINICS

Semi-private clinics for basic and advanced levels!

Our programs provide young players the opportunity to work with some of the top softball instructors in the region: 3-time ASA National Champion **Robyn King**, Harvard University's **Brandi Gordon** and **Ellen Macadam**, Boston University All-American **Shayne Lotito**, and **Kristie Kyzer** of UMass-Lowell .

Softball Rookies Clinic; ages 5-7

\$125. 5 week clinic for 8 players. Introduces players to the fun of softball and correct techniques of throwing, catching, fielding and hitting.

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| Thursday 4-5pm; March 1, 8, 15, 22, 29. Kristie Kyzer |
| Sundays 12-1 pm: Feb 26, March 4, 11, 18, 25 Kristie Kyzer |

Hitting & Defense; ages 8-12

\$145. 5 week clinic for 6 players. This program provides young players with a thorough weekly workout and personalized instruction in hitting & defensive skills.

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| Saturdays 11-noon; Feb 25, March 3, 10, 17, 21. April Eringis |
| Sundays 1-2pm: March 4, 11, 18, 25, April 1. Kristie Kyzer |

Softball Hitting; ages 9-12

\$160. 5-week clinic for 6 players. This semi-private clinic teaches proper softball hitting mechanics through progressive drills and live batting practice. For new and experienced players.

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| Weds: 5:30-6:30; Feb 8, 15, 29, Mon: March 5, 19. Brandi Gordon |
| Saturdays noon-1; Feb 11, 25, March 3, 10, 17. April Eringis |

Advanced Hitting; ages 13-17

\$195. 3 week clinic for 4 players. Experienced players will work on improving hitting power and effectiveness through multiple drills, individual instruction and live batting practice.

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| Saturdays 3:30-4:30; Feb 4, 11, 25, March 3, 10. Shayne Lotito |
| Weds: 7:30-8:30; Feb 8, 15, 29, Mon: March 5, 19. Brandi Gordon |

Softball Pitching; ages 9-12

\$225. 5-week semi-private clinic for 4 to 6 players. For new and experienced pitchers. Covers the proper mechanics of the fastball and other pitches based on age and ability. Personalized instruction. **Please note; pitchers require someone to catch for them (a parent, friend, etc.). Contact us if you need a catcher.**

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| Mondays 5:30-6:30; March 12, 19, 26, April 2, April 9 Robyn King |
| Weds: 4:30-5:30; Feb 8, 15, 29, Mon: March 5, 19. Brandi Gordon |

Advanced Pitching; ages 13-17

\$225. 5-week semi-private clinic for 3 to 4 players. Instruction is tailored to each pitcher. The program covers proper mechanics of the fastball, change-up and other pitches based on age and ability. **Please note; pitchers require someone to catch for them (a parent, friend, etc.). Contact us if you need a catcher.**

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| Mondays 6:30-7:30; March 5, 12, 19, 26, April 2. Robyn King |
| Mondays 7:30-8:30; March 5, 12, 19, 26, April 2. Robyn King |

Softball Catching; ages 9-12, 13-17

\$225. 5-week semi-private clinics for 3 players with coach Kristie Kyzer. Basic and advanced levels covering core catching skills: receiving, blocking, throwing, working with pitchers and catcher strength & conditioning.

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| Ages 9-12: Sundays 4-5pm: Feb. 26, March 4, 11, 18, 25. |
| Ages 13-17: Call for scheduling options. |

Slap-hitting Lessons

Advanced levels for ages 13-17

\$225. 5 weeks of semi-private lessons with BU's Shayne Lotito or UMass player Kristie Kyzer. Limited to 3 players per group. Lessons available for experienced slaphitters and regular hitters who want to learn slaphitting.

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| Call for schedule options. |
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Register by phone (978-266-1766) or by mailing registration form and check to AtBats at the address below.

Player's name: _____ Date of birth: _____

Street address: _____ City: _____ State: _____ Zip: _____

Home phone#: _____ E-mail address for notifications: _____

Parent or guardian: _____ Work# _____ Cell#: _____

I hereby certify that my child is in good health and has my permission to participate in this program. I also give my permission for my child to receive any diagnostic, therapeutic and/or operative procedures as deemed necessary if emergency treatment is required and I cannot be reached. I realize that this sport involves the potential for injury, and I acknowledge that even with the use of protective equipment and observance of the rules, injuries may still occur. I hold harmless, AtBats Training Center, including any individual, group, organization or corporation that directly or indirectly organized, sponsored, contributed, licensed or volunteered their efforts to this event, from all liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the student arising out of participation in this training program.

Parent or guardian signature required: _____ Date: _____

AtBats Training Center, 233 Summer Road, Boxborough, MA 01719
Phone 978-266-1766 Fax 978-266-1764 www.atbats.com